Preventing your child from stealing:
- Be aware of where your child is
- Teach your child not to touch other people’s property
- Teach your child how to get the desired item
- Make the child feel like an important part of the family
- Give your child what is needed for school and activities
- Teach values
- Develop a close relationship
- Ensure a regular source of income
- Close supervision
- Set a good example
- Remove temptation

Questions to Ask your Child:
What do you think happens to shoplifters once they have been caught?
What problems does shoplifting create for stores?
Do you have any advice for someone planning on shoplifting?
How would you feel if someone stole your favorite toy (video game, doll)?
How do you think the victim feels after you stole from them?

Books:
A Children’s Book About Stealing Joy Berry
The Sparkle Thing Larry Dane Brimner 2001 – Girl steals from corner store
It Wasn’t Me Udo Weigelt 2001 – Raven is falsely accused of stealing
The Secret Box William Morrow 1971 – A girl steals from her classroom
Tony and Me JB Lippincott 1974 – Two boys caught shoplifting
A Country Wedding Addison Wesley 1969 – Fox and wolf steal food and wine

Need help? Don’t know where to start? To find help with housing, health care, food pantries, childcare, drug or alcohol abuse counseling, mental health issues, aging concerns, and many other human services. Dial 2-1-1 or go to www.ne211.org.

A resource provided by LPS School Social Workers... because families matter.
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Kids of all ages, from preschoolers to teens can be tempted to steal for different reasons. Parents are naturally concerned when a child or teenager steals. The parent may worry about what caused the child to steal and if this is the first step to delinquent behavior. Whatever the reason, it is important to correct the problem before the offenses become more serious in nature. Knowing what lies behind the child’s stealing helps you recognize patterns that may be occurring in other parts of his or her life. It also assists the parent in understanding possible needs that aren’t being met in the child’s life. The child may need to be taught the skills to meet these needs in socially appropriate and effective ways.
Why Do Children Steal:

- **Lack of proper understanding:** children may be unaware that it belongs to someone else or that they are doing something wrong or that the item costs money
- **Lack of self control:** they are attracted to things they do not own
- **Peer pressure:** have a need to fit in
- **Get attention:** lack of attention by parents
- **They have a poor role model:** friend or sibling who steals
- **Lack of resources:** the child does not have the money to purchase a needed or desired item
- **Stealing may be a way to unconsciously get even with a parent:** because they do not like the rules or punishments in the household
- **Anger:** when they are upset with someone more powerful than them
- **Revenge:** want to make the other person suffer
- **Feeling of excitement:** for the adrenalin rush
- **Jealousy or desire:** desire to have beautiful things, the latest gadget or toy or because they feel like a sibling has more than them

Adolescents Steal Because:

- The thrill
- Pressure from friends
- Believe they can get away with it
- Rebelling
- Angry
- Want attention
- Stress at home or school
- Cry for help due to abuse
- Can’t afford something
- Support a drug habit
- High risk behavior

Dealing with stealing:

- Stay calm – it is no different than any other mistake your child has made
- Inform the child that you know he has stolen something and that it is wrong
- Accompany the child in returning the item to the person that it belongs to
- Explain that stealing is a crime and can lead to more serious consequences
- Make it clear that the behavior is unacceptable
- Talk to your child about how they would feel if someone stole from them
- Monitor the child more closely in the setting in which the stealing occurred
- Problem solve with the child appropriate ways that he could obtain the item
- If the child stole money or an object from home – develop a plan for them to pay it back or work off the amount in chores
- Keep the child away from situations where you know stealing may be tempting
- Give the child a clean slate to start over
- Be a good role model – do not brag when a store forgot to charge you for an item and do not bring home items from your workplace to use at home
- Take immediate action
- Correct/restitution
- Address the behavior immediately
- Try to understand why they are stealing

Do Not:

- Lecture or say that the child will be considered a thief or bad person
- Consider stealing as something personal
- Use physical discipline – it could make the child angry and the behavior could get worse
- Do not humiliate the child

If your child keeps stealing:

- Get professional help – repeat offenses may indicate a bigger problem / sign of a problem with their emotional development
- Talk to a therapist, doctor, minister, school counselor or social worker, support group (National Association for Shoplifting Prevention or Cleptomaniacs and Shoplifters Anonymous)
- One third of juveniles caught shoplifting say it is difficult to quit (www.kidshealth.org)
- Children who repeatedly steal may also have difficulty with trusting others and forming close relationships
- Stealing may be an indication of a mental health issue such as depression or obsessive compulsive disorder. The child may be responding to trouble at home or school, to a specific loss, or feelings of being unloved
- Stealing may indicate a problem with low self esteem if the child is struggling with peer pressure
- Child may have an eating disorder if they are stealing large quantities of food