HS0046 Rev. 03/24

## **HEAD INJURY SYMPTOM CHECKLIST (HISC)**

# Health Services Department Lincoln Public Schools

Student Name:		DOB: _	 ID#:	
Date of injury:	Time of injury:			

This form is intended as a "Worksheet", shred this document after information is charted in the electronic record.

Assessment Item		NO	<b>Comments/Description</b>	
	Present	Absent		
1. Loss of consciousness for any amount of time			If yes, call 911	
2. Mental status abnormalities lasting more than 15 minutes			If yes, call 911	
3. Difficulty concentrating (inattention, inability to maintain a coherent stream of thought and carry out goal-directed movements)				
4. Student is disoriented. (Cannot state name, school location, situation and circumstances of injury, events immediately preceeding or following event of injury)				
5. Show memory deficits. (Cannot state common imbedded memory such as: parent name, recite alphabet, what they had for breakfast, home phone no.)				
6. Complains of <b>generalized</b> head pain.				
7. Nausea or vomiting present				
8. Dizziness and/or balance problems present				
9. Sensitivity to light or noise				
10. Drowsiness or feeling tired				
11. Blurry or double vision				
12. Complains of "feeling in a fog," or "something not quite right"				
13. Unusually emotional (irritable, sad, nervous)				

#### **Instructions:**

If YES to item 1 or 2: • Treat as possible medical emergency and call 911

- Notify School Nurse
- Notify parent or guardian
- Medical clearance recommended for readmission to school

# If two or more YES responses to Items 3-13:

- Keep student under observation
- · Notify School Nurse
- Notify parent or guardian, recommending medical evaluation outside of school and provide parent letter if possible; medical clearance recommended for readmission to school
- Further changes in condition may warrant calling 911. Any loss of consciousness is always considered a medical emergency
- Consider follow-up by CMT member upon return to school

## If one YES response to Items 3-13:

- Hold student in health office a minimum of 15 minutes
- · Notify School Nurse
- Notify parent or guardian and provide parent letter if possible
- Consider follow-up by CMT member upon return to school.

If no YES responses: • Provide first aid, notify parent/guardian and instruct to return to health office as needed