2023-2024

Student & Parent Handbook Calendar

FREDSTROM ELEMENTARY SCHOOL

5700 NW 10th Street 402-436-1140 FAX 402-458-3240

http://fredstrom.lps.org

Cheryl Richter, Principal *Kathy Moldenhauer, Assistant Principal*

ALL STUDENTS ARE WORTH WHATEVER IT TAKES!

2023-2024 Student Calendar

Lincoln Public Schools
Lincoln, Nebraska

Approved 2/23/21

JULY 2023

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

AUGUST 2023

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27	28	29	30	31		

SEPTEMBER 2023

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24	25	26	27	28	29	30

OCTOBER 2023

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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

NOVEMBER 2023

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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

DECEMBER 2023

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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

JANUARY 2024

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14	15	16	17	18	19	20
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28	29	30	31			

FEBRUARY 2024

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4	5	6	7	8	9	10
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18	19	20	21	22	23	24
25	26	27	28	29		

MARCH 2024

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17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

APRIL 2024

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

MAY 2024

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

JUNE 2024

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Rev. 6/5/23

- First and last days of class for students
- All schools not in session
- All schools will dismiss early, check school building schedule
- Elementary school students NOT in attendance (plan days)
- Quarter start dates
- Quarter end dates

GRADUATION DATES

Friday, May 17, 2024: Yankee Hill & Independence Academy
Thursday, May 23, 2024: Bryan Community Focus Program
Friday, Saturday and Sunday, May 24-26, 2024
Fri: LSW
Sat: LNS/East/LHS/LNW | ***Sun:*** LSE/LNE

Calendar Options for Families: The Lincoln Public Schools District understands and appreciates that our community has a wide variety of rich and varied religious celebrations and observances. In the event families recognize these holidays, parents should notify schools. Students will be given excused absences and allowed reasonable opportunities to make up any schoolwork missed.

Note: Changes to the calendar may occur as a result of inclement weather or other circumstances. If sufficient school time is lost as a result of calendar changes, and it brings the total number of school hours for the year below the state minimum requirements, the Superintendent will implement a plan for making up this time, which may require additional minutes added to the day, additional days added to the calendar, days previously identified as non-student days re-scheduled as student day, or other appropriate calendar or schedule measures.

Dear Students and Families,

Welcome to Fredstrom Elementary School! This handbook has been prepared for all students and parents/guardians in hopes that it will be helpful in answering questions you might have about the policies and practices of our school. Please carefully review the contents with your child. The "Important Information" booklet provided by Lincoln Public Schools also gives critical parent/student information. Note that dates for school events are subject to change. If you have questions or concerns regarding these publications, please do not hesitate to call the school office at 402-436-1140.

On behalf of the entire staff, we look forward to working together to make this a productive and successful year of learning and growing.

Cheryl Richter, Principal
Kathy Moldenhauer, Assistant Principal

PLEASE NOTE:

All procedures, guidelines and dates outlined in this document are subject to change, based on recommendations and directives issued by the Nebraska Department of Education, the Lincoln Lancaster County Health Department (LLCHD), or other governing body.

Names and Phone Numbers for Assistance

Fredstrom Elementary 402-436-1140
- Secretaries: Summer Brannan, Janine Marker

Attendance Line 24 Hour 402-436-1140
(for reporting your child's absence select **option 5**)

Health Office 402-436-1140
- Nurse ..... option 2

Fredstrom Fax 402-458-3240

Lincoln Public Schools District Office 402-436-1000

PHILOSOPHY

R.L. Fredstrom School is based on the belief that learning should be a successful, challenging and enjoyable experience. The school is organized into teaching teams which facilitate successful instruction for each student. Children in kindergarten through fifth grade are assessed and placed at the instructional level in which they will be successful, yet challenged. Teams of teachers work together to facilitate opportunities for student instruction. This has been an organizational plan we have implemented since the school opened in 1983 and have found it to be most advantageous for students.

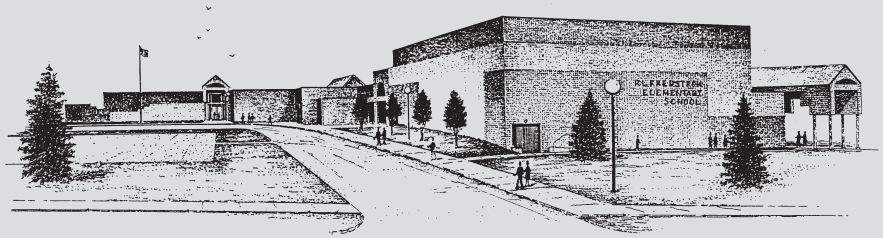
R.L. Fredstrom Elementary School

R.L. Fredstrom School is named after a Nebraska educator whose long service to Lincoln resulted in many excellent programs for students. Dr. Fredstrom often visited the students at Fredstrom School where he shared his personal philosophy in education: "The motivating force throughout my life has been wanting to help people learn and grow. If I could establish a hope for this school named after me, it would be that all pupils in this school forever develop an appetite for learning."

The Fredstrom Community

Soaring to Success . . .
Supporting, Offering, Achieving, Reflecting

SUPPORTING the whole child
OFFERING opportunities
ACHIEVING academic excellence
REFLECTING on our impact



5700 N.W. 10th Street
Phone 402-436-1140

School Hours

8:15 a.m.–2:53 p.m.

RIGHTS AND RESPONSIBILITIES

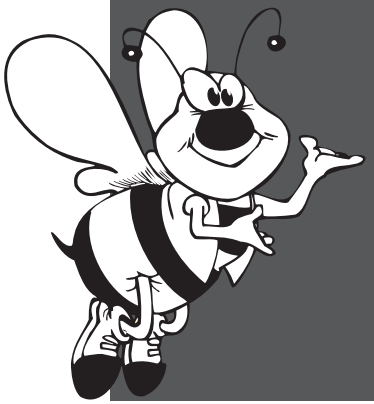
The Lincoln Public Schools has established rights and responsibilities of students. They are noted in the "Important Information" booklet emailed to parents/guardians before each school year, and are available in the school office. The rights and responsibilities are designed to assure that students have the best opportunity possible to learn in a safe, clean environment without disruption. Please review the rights and responsibilities with your child.

COMMON AREA EXPECTATIONS

At Fredstrom School, we strive to create a safe, caring and productive environment for learning. In order to do so, certain behaviors are expected throughout the building in common areas such as hallways, restrooms and the cafeteria. These expectations are shared with students, posted, practiced and reinforced. For example, when we walk with our class in the hallways our voices are at level 0 (silent), we are walking and our hands are to ourselves. These behaviors help us to be safe, respectful and responsible. You will see posters which outline these common area expectations throughout the building when you visit. Please contact Cheryl Richter at crichter@lps.org if you have any questions.

CREATING SUCCESS THROUGH PARTNERSHIP

Students are responsible with the support of our staff, to conduct themselves in a manner that will create a safe learning environment at Fredstrom Elementary School. All appropriate behaviors are included in Fredstrom's three simple guidelines for success. We will work together to help our children to:



Be Safe

We help everyone feel physically and emotionally secure.

Be Respectful

We value and are considerate of others.

Be Responsible

We are accountable for all of our actions.

FREDSTROM IS ON-LINE

Check out our home page at

fredstrom.lps.org

or look for Fredstrom on Facebook

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August 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10 Open House 5:00-6:00pm	11	12
13	14 **First Day of School** **Early Dismissal** 1:33 pm	15 **Early Dismissal** 1:33 pm	16 **Early Dismissal** 1:33 pm	17	18	19
20	21	22	23	24	25	26
27	28	29 **PLC Day,** **Early Dismissal** 1:33 pm	30	31		

LINCOLN PUBLIC SCHOOLS • LINCOLN, NEBRASKA

FALCON FEATHERS

As students demonstrate safe, respectful and responsible behaviors, staff members are watching and reinforcing positive behavior with Falcon Feathers. Students are handed a Falcon Feather and verbally given feedback on their effort toward being safe, responsible and/or respectful. Falcon Feathers are tallied, with individual and school-wide rewards given as goals are met.

MEDICAL AND DENTAL APPOINTMENTS ON SCHOOL TIME

Please try to schedule appointments outside of school hours. However, there are times students may be absent from school in order to keep medical or dental appointments. It is necessary that the child check in and out through the office. If the child will be late arriving to school, please send a note the previous day or call our school attendance line at 436-1140 (option 5).

ABSENCES

Please call the 24 hour attendance line at 436-1140 (option 5) to report absences. Unless the school is notified, a call will be made to your home or place of work to verify the absence.

MAKE-UP WORK

We appreciate parent/guardians' conscientious regard for picking up homework for their child.

- If your child will be absent only one day, work may be made up or taken home upon return to school.
- If your child will be absent for an extended period of time, please contact the classroom teacher to plan for completion of work and notify the office.

Please call the school (on the attendance line, option 5) in the morning to request homework to be picked up after school.

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September 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4 Schools are Closed	5	6 Picture Day	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26 **PLC Day,** **Early Dismissal** 1:33 pm	27	28 Conferences	29	30

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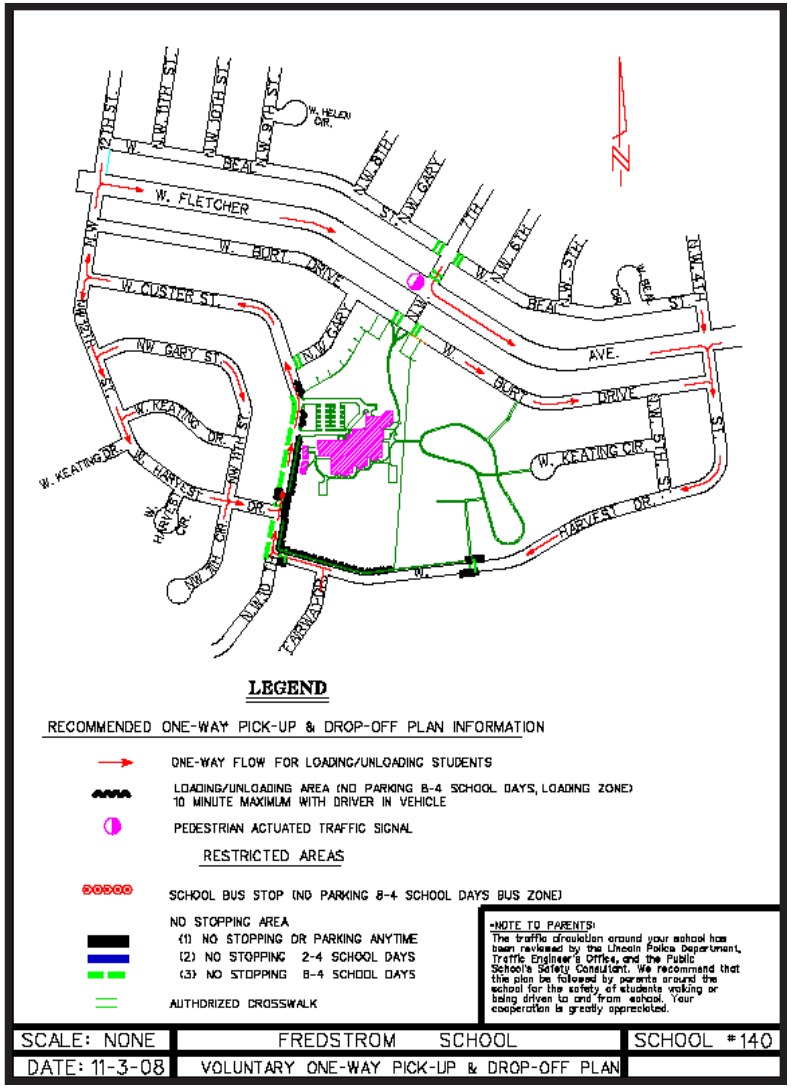
IMPORTANT TRAFFIC SAFETY INFORMATION

Please help us keep all kids safe by following the guidelines below. When staff members or volunteers are assisting students at arrival/dismissal time we sincerely appreciate your courtesy and cooperation. Fredstrom families are the best! Thank you!

- Please stop cars either prior to the cones marking the crosswalks or after them. The cones mark the safe distance for visibility of children crossing the street.
- Students should cross streets at crosswalks at all times. Please do not ask your child(ren) to cross mid-street.
- Please note the recommended one-way flow of traffic. If all families cooperate with this recommendation it significantly improves the efficiency and safety for everyone at arrival/dismissal times.
- Please do not stop vehicles in the no stopping areas. This helps us keep traffic flowing!
- If you are in the loading zone area, on NW 10th Street, adjacent to school property, please do not exit your vehicle. Again, this really helps to keep the flow of traffic moving.
- Please do not double park, as we do not want students to be in an unsafe situation crossing between vehicles.
- We appreciate you not using the parking lot during drop off/pick up times. It is hard to see children between vehicles, so this helps us keep kids safe!
- The school driveway may be used to drop off students in the morning. Again, parents should not leave their vehicles in order to keep the traffic flowing. Thank you!
- When families leave the driveway please turn RIGHT (to the north) as turning to the left will interfere with the flow of traffic.
- Families who wish to walk their child to the door in the morning or meet them at the door after school are asked to park on adjacent streets (not NW 10th or in the parking lot).
- School campus (including the playground) is closed until 6:00 p.m. except for use by school childcare, afternoon Early Childhood classes and clubs. Reservations for rooms/playground should be entered in the district Archibus system (https://home.lps.org/operations/archibus/).



Thanks so much for your cooperation! If any families are interested in volunteering at crosswalks before or after school, please email our PTO president at president@fredstrompto.org or Mrs. Richter. Keep kids safe!

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October 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 Conferences	4	5	6	7
8	9	10	11	12 Pumpkin Walk	13 **No School for Elementary Students**	14
15	16 **Schools are Closed**	17 **Schools are Closed**	18 Picture Retakes	19	20	21
22	23	24	25	26	27	28
29	30	31 **PLC Day, Early Dismissal** 1:33 pm				

LINCOLN PUBLIC SCHOOLS • LINCOLN, NEBRASKA

Lunch Times

Grade	Lunch
Kindergarten	11:00-11:30
Team 1	11:20-11:50
Team 2	11:35-12:05
Team 3	11:55-12:25
Team 4	12:10-12:40
Team 5	12:30-1:00

Join us for Breakfast or Lunch!

7:45 Breakfast
Students $ 1.30
Reduced Price $.30
Adults and visitors $2.50

* *Prices subject to change*

Lunch *(see schedule at right)*
Students $2.50
Reduced Price $ .40
(Ask for an application in our office)
Adults and visitors $4.00
Milk only $ .60

LUNCHROOM PROCEDURES

When coming to have lunch with your child, please remember these items:

- You and your child will sit at a guest table to enjoy lunch together.
- We ask that phones be put away to encourage conversation.
- Due to many food allergies and sensitivities, we ask that no food be shared with children other than your own.

SNAP is the name of our cafeteria cash register system. With the SNAP cash register system a parent/guardian deposits money into an account that is accessed by the child entering their SNAP number on a keypad in the cafeteria or by using a barcode. If your child is returning to our school, they will use the same number as last year. If your child is new to Lincoln Public Schools, a number will be assigned. Money in an account can be transferred from one school to another if a student changes schools within Lincoln Public Schools.

Negative Account Balances

Students who do not have sufficient funds to pay for breakfast/lunch will bring a note home to remind parents of the need to make a deposit. Parents can also sign up online for email alerts when the balance is low.

Federal/State Guidelines

The United States' Department of Agriculture and the Nebraska Department of Education competitive Foods Policy states that "no food may be sold or served that competes with the national School Lunch and/or Breakfast programs one half hour prior to the serving period." This means that no food may be sold (i.e. pop, snack machines, fund raisers). No food may be brought in as treats for class rewards, or class parties one half hour prior to the serving periods. Outside food may be brought in for your child(ren) only.

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November 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10 Veteran's Lunch	11
12	13	14	15	16	17	18
19	20	21	22 Schools are Closed	23 Schools are Closed	24 Schools are Closed	25
26	27 No School for Elementary Students	28 PLC Day, Early Dismissal 1:33 pm	29	30		

LINCOLN PUBLIC SCHOOLS • LINCOLN, NEBRASKA

ARRIVAL

The Fredstrom campus will be closed until 8:05 a.m. for the safety of students.

Arrival Times

- **Breakfast**–Served between 7:45-8:10 a.m. Enter at the main entrance.
- Earliest arrival (unless entering for breakfast, or Family Services) is at 8:05 a.m. There is **no adult supervision** until 8:05 a.m.
- Students enter the building and line up between 8:05-8:10 a.m. in their supervised locations. Students should be ready to enter class at 8:10 a.m.
- School begins at 8:15 a.m. After 8:15 a.m., all students use the main entrance and must check in with the office. Once the school day begins, please use the main front entrance. All other doors will be locked.

DISMISSAL

For the safety of students, parents/guardians must come to the office when picking up their child before the regular dismissal time. Office staff will assist you in picking up your children once you have arrived.

Dismissal Times

- All students are dismissed from the building at 2:53 p.m.
- All students must go directly home or to a school-sanctioned after school activity.
- Teachers will escort students out their designated exit door.
- School campus (including the playground) is closed until 6:00 p.m. except for use by school childcare and clubs. Reservations for rooms/playground should be entered in the district Archibus system.

Dismissal Areas

- Students participating in Family Service will meet Family Service staff in the designated areas.
- Participants in school sponsored activities will meet their supervisor at a designated area.
- Parents should arrange to pick up their child(ren) outside at the same location each day.
- Students staying after school must exit with the class and return with their teacher.

Late Pick Up

- Parents must come to the office and sign out students not picked up by 3:00 p.m. Children will not be allowed to wait outside or go to cars without an adult coming to the main office to pick them up.

Drop Off and Pick Up

- Use crosswalks at all times.
- To ensure children do not cross in the street, pick up and drop off your child(ren) on the passenger (curb) side of the car.
- Follow the one-way flow of traffic when dropping off and picking up your child(ren).
- Do not use the staff parking lot or the bus loading zone to drop off or pick up your child(ren) because there are not enough spaces for additional cars.
- Students should plan to meet each other outside the building.
- Older students go to meet younger siblings at their designated door.

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December 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7 Winter Concert	8	9
10	11	12 **PLC Day,** **Early Dismissal** 1:33 pm	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Schools are Closed - Winter Break

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COMMUNICATION

School Newsletter - Falcon Flyer

The Falcon Flyer contains announcements, information, school events, etc. This newsletter is sent monthly through School Messenger.

Weekly Communication Folders

Typically, school news will be sent home via Wednesday folders. Please return the folder the next day including any notes to your child's teacher. General information will be sent with the youngest child in the family (K-5) attending Fredstrom School.

Friday Monthly Emails

Teachers will email families with current curriculum studies, upcoming events, team/classroom news on Fridays. Please make reading these emails a priority, as they will keep you up-to-date. If you have questions or comments, responding to these emails are a great way to stay in touch with your child's teacher.

Community News

"Community News" is a newspaper distributed by Lincoln Public Schools, free to all elementary students the first week of every month from September through May. "Community News" replaces most informational flyers and can be used as a guide to community activities for students. The monthly school lunch menu is included in each issue of "Community News." We will not send another copy of the menu home with students.

School Website

Information is regularly updated on our website: fredstrom.lps.org

ParentVue:

Parents may access communications, attendance information and more for their child through ParentVue. A "button" linking you to ParentVue can be found on our school website.

School Messenger:

This district-wide communication system sends school and district emails, texts, and phone calls to families with important information. Please be sure the school has your updated phone number and email address.

FaceBook:

Check out school happenings on our Facebook Page! ("Like" us at Fredstrom Elementary School!)

Twitter:

Follow us on Twitter at Fredstrom Falcons @FredstromLPS to receive tweets about Fredstrom School.

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January 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	Schools are Closed - Winter Break					
7	8	9	10	11	12	13
			Cunningham one room schoolhouse - Team 4	Cunningham one room schoolhouse - Team 4	Cunningham one room schoolhouse - Team 4	
14	15	16	17	18	19	20
	Schools are Closed					
21	22	23	24	25	26	27
28	29	30	31			
		PLC Day, Early Dismissal 1:33 pm				

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BULLYING

Who to contact if your student is feeling unsafe or bullied

If you feel that your child is being bullied by peers, please contact your child's teacher or the building principal, Mrs. Richter. All reported incidences of bullying/ unsafe behavior will follow the protocol outlined in Lincoln Public Schools Board Policy 5482: Anti-Bullying Policy.

Bullying is unwanted, aggressive behavior among school aged children that involves a real or perceived power imbalance. The behavior is repeated, or has the potential to be repeated, over time.

In order to be considered bullying, the behavior must include:

- Imbalance of Power: Kids who bully use their power—such as physical strength, access to embarrassing information, or popularity—to control or harm others. Power imbalances can change over time and in different situations, even if they involve the same people.
- Repetition: Bullying behaviors happen more than once or have the potential to happen more than once.
- Hurtful aggressive physical and/or verbal behavior.

Bullying includes actions such as making threats, spreading rumors, attacking someone physically or verbally, and excluding someone from a group on purpose.

As an added prevention piece, please discuss with your child adults in the building who they can talk to if they feel that they are being bullied or are in an unsafe situation. These people may include, but are not limited to, their teacher, the administrator, school counselor, school psychologist, school social worker or any other adult in the building that they have built a positive relationship with.

Students are taught about what bullying looks like and sounds like, along with how to advocate for themselves through the District's Second Step program.

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February 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8 Conferences	9	10
11	12	13 Conferences	14	15	16 **No School for Elementary Students**	17
18	19 **Schools are Closed**	20 Science Fair	21	22	23	24
25	26	27 **PLC Day, Early Dismissal** 1:33 pm	28	29		

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BEFORE & AFTER SCHOOL CARE

Before–and–after school care is available to families at Fredstrom School for a fee through Family Services (this is not a service of the Lincoln Public Schools). Family Service may have a "waiting list" for participation. Other center-based and home daycares are located in the Highlands. Information is available at www.answers4families.org or by calling 1-800-746-8420.

MENTAL AND BEHAVIORAL HEALTH POINT OF CONTACT

Your student's mental health is important to their academic success. If you have concerns about your student's mental or behavioral health, you can contact the social worker at your student's school/program. LPS social workers are licensed mental health practitioners and can help connect you to appropriate mental health or behavioral supports.

FAMILY SERVICES
402-441-7949

Parent Teacher Organization

The Fredstrom Parent Teacher Organization (PTO) is a vital part of Fredstrom's success with children. As an organization, they represent parents/guardians and organize events and projects that serve children and families. Scheduled PTO meetings are listed on the calendar. Families are encouraged to attend PTO meetings and activities.

The PTO Website is fredstrompto.org and is also on Facebook. Information regarding joining the P.T.O. is availble through the website.

President . . . . . **TBD**
president@fredstrompto.org

Co-Vice-presidents . . . . . **TBD**
vp@fredstrompto.org

Secretary . . . . . **TBD**
secretary@fredstrompto.org

Treasurer . . . . . **TBD**
treasurer@fredstrompto.org

FREDSTROM ELEMENTARY SCHOOL

5700 NW 10th Street • Lincoln, NE 68521 • **Office Hours:** 7:30 a.m. - 4:00 p.m.
Phone: 402-436-1140 • **Fax:** 402-458-3240 • **Website:** fredstrom.lps.org

Principal: Mrs. Cheryl Richter *crichter@lps.org* | **Assistant Principal: Mrs. Kathy Moldenhauer** *kmoldenh@lps.org*

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March 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
	Schools are Closed					
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						
		PLC Day, Early Dismissal 1:33 pm			Schools are Closed	

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April 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11 Bike Rodeo	12	13
14	15	16	17	18	19	20
21	22	23 PLC Day, Early Dismissal	24	25	26 No School for Elementary Students	27
28	29	30				

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May 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 Spring Concert	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23 **Last Day of School** 1:33 pm dismissal	24	25
26	27	28	29	30	31	

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June 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

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July 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SUMMER ROCKS!	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

LINCOLN PUBLIC SCHOOLS • LINCOLN, NEBRASKA

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INTENT OF STUDENT HANDBOOK

This handbook is intended to be used by students, parents, and staff as a guide to the rules, regulations, and general information about Fredstrom Elementary School. Each student is responsible for becoming familiar with the handbook and knowing the information contained within it. Parents are encouraged to use this handbook as a resource and to assist their child in following the rules contained in this handbook.

Although information found in this handbook contains detailed and specific information on a variety of topics, the handbook is not intended to cover every situation and circumstance that may arise during any school day, or school year. This handbook does not create a "contract." The administration reserves the right to make decisions and rule revisions at any time to implement the educational program and to assure the well being of all students. The administration will be responsible for interpreting the rules contained in the handbook. Should the situation or circumstance arise that is not specifically covered in this handbook, the administration will make a decision based upon all applicable school district policies, and state and federal statutes and regulations.

LINCOLN BOARD OF EDUCATION 5905 O Street • Lincoln, NE 68510

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5/23

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